

TOP TIPS

to help you control Particulate Matter (PM) in your classroom

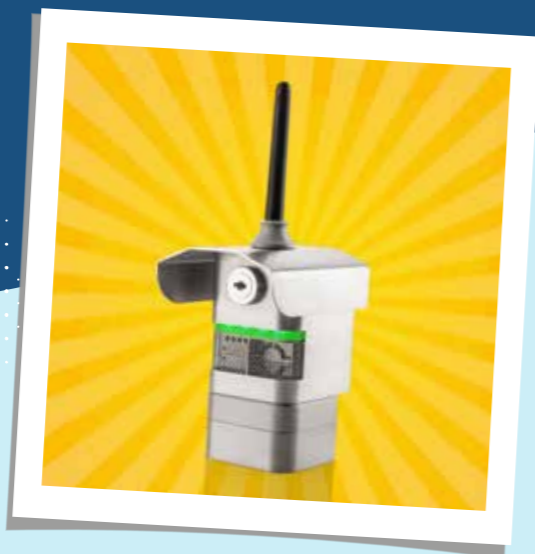


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#cleanairschools

TIP 1 Monitor



OUTDOOR

Check PM levels outdoors before opening windows, using either your Airly outdoor air quality monitor or use a web based map such as: www.airly.org/map/en/

INDOOR

Monitor indoor PM levels using your classroom air quality monitor.

- Good**
less than 10 ug/m³ RELAX
- Action**
10 - 35 ug/m³ OPEN WINDOWS
- Warning**
more than 35 ug/m³ TAKE ACTION!

ug/m³ means micrograms per cubic metre

TIP 2 Ventilate



- ✓ Open windows when PM is 10 or more on your classroom sensor
- ✓ If it's cold outside open windows a small amount and at the top if possible to avoid cold draughts
- ✓ Leave your classroom door open to help the air flow through

TIP 3 Clean



If PM is regularly high in your classroom try using an air purifier.

Did you know you can make your own air purifier?

Ask your teacher for more information.

PM - where does it come from?

1. Transport
2. Fires
3. Power plants
4. Farming
5. Dust storms
6. Volcanoes